

Please ensure your Beavers, Cubs, Scout, Explorer arrives with a kit bag and a day bag. We would ask that your child travel to the Camp/Holiday in Full Uniform .Kit bag or rucksack that they can carry themselves containing the following labelled items and day sack.

**NO ELECTRONIC GAMES**

**NO MOBILE PHONES**

**NO ENERGY DRINKS**

**NO JEANS**

NB

- Black bin bags are not suitable for bedding rolls as they tear very easily, with the result that the contents get lost or soiled in transit.
- Please place wash-proof name labels in all clothing.  
For everything else please label with either indelible ink and/or engraving as appropriate.
- Penknives are allowed on for Scout/ Explorers on Skills camps only, but **MUST** be in a tin, labelled and handed in to the designated leader. Note they can only be used **ONCE** the owner is deemed competent and possession will still be dependent on behaviour!
- pack a couple of shopping bags on your hike. they come in useful to put on your feet to keep you dry and warm if very wet.

**This is a guide not a definitive list, please feel free to add items you deem appropriate.**

**CAMP KIT LIST**

- Underwear (1 per day)
- Socks (1 per day plus)
- T Shirts (1 per day)
- Shorts or trousers (1 per day) (**NOT Jeans**)
- Jumpers (1 per day)
- Swim wear, Towel, and water shoes (1 set as needed)
- Walking Boots (not wellies)
- Trainers
- Wash Kit & Towel
- Sleeping Bag
- Sleeping mat
- Pyjamas 1 set
- Head Torch & spare batteries 1 set
- bag for dirty clothes.
- Tea Towel
- Warm winter coat (Winter Camp )
- 1 Cake for sharing
- Plastic bags for your feet (carrier bags help to keep the water off your socks in wet weather)
- Folding camp chair (**Scouts/Explorers Only**)
- penknife (**Scouts/Explorers Only, Skill camps only ( hand in to leaders on arrival**

## **DAY BAG**

- Day bag/rucksack (25L or less)
- Water Bottle
- Packed Lunch (If advised by leaders)
- Hat, Scarf, and gloves (Winter Camp)
- Sun Cream/ Sun Hat (Summer Camp)
- Waterproof Jacket
- Waterproof Trousers
- Personal first aid kit including blister plaster (Scouts/Explorers)
- Pair of gaiters (optional)
- Spare pair boot laces

### **Personal First-Aid Kit**

A personal first-aid kit will help you treat scrapes, blisters, and other minor injuries. Carry a personal first-aid kit on hikes and campouts. Fit everything in a resalable plastic bag and take it with you whenever you set out on a Scout adventure.

#### Personal First-Aid Kit

- Plasters
- 2 sterile, 3-by-3-inch gauze pads
- A small roll of adhesive tape
- 5 alcohol wipes
- bandage
- Disposable nonlatex gloves
- CPR breathing barrier
- Pencil and paper